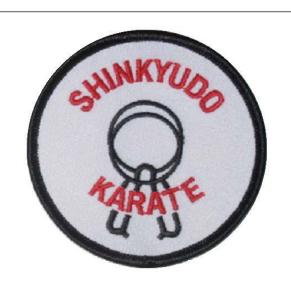
2024 Spring Shinkyudo Karate Registration



* Shinkyudo Karate:

Shinkyudo Karate is committed to providing the highest quality martial arts instruction and training in a friendly, positive environment Individuals of all ages with or without previous martial arts experience can learn to defend themselves, receive a great workout, have fun, and improve all aspects of their life. The program will meet on Mondays and Wednesdays. The program will begin on **April 1, 2024**.



Beginner Shinkyudo Kids:

This 8 week program is for all ages 5 and up, who have less than 1 year of experience in Shinkyudo Karate. This class is an introduction to "empty hand" defense. Students will learn proper tehnique and traditional form.

Time: Monday/Wednesday 6:00 - 6:45 PM

Beginner Shinkyudo Youth:

This 8 week program is for ages 12-16, who have less than 1 year of experience in Shinkyudo Karate. This class is an introduction to "empty hand" defense. Students will learn proper technique and traditional form.

Time: Monday/Wednesday 7:00-7:45 PM

Registration Begins: February 12th, 2024 Registration Deadline: March 22nd, 2024

Rate: \$75

Member Rate: \$65

Program Dates: April 1st – May 22nd, 2024



Print Name of Parent, Guardian or Participant (Under 18)

Register online, email or return form to: 300 Jefferson St. Waterloo, IA 50701 319-291-0165 www.cvsportsplex.org leisure.services@waterloo-ia.org

Parent's/Guardian's Name				Email			
Address Phone: Home				City		Zip	
Participant's Name (Last, First)		M/F	Birth Date	Current Grade	Program #	Program Name	Fee
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Method of Payment ☐ Cash ☐ Check						*FOR OFFICE U —Amount:	SE ONLY
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	Exp. Date (Mor	nth/Year	·)	CV	V	Staff Initials:	
eliminate the risk that participants could be extensive Services & Cedar Valley SportsPlex of participants' safety. Warning of Risk Recreation activities are intended to challenge advice, conditioning and equipment, there is storeseen. Depending on the particular activity, conditioning, carelessness, horseplay, unsports circumstances inherent to indoor and outdoor in Cedar Valley SportsPlex to guarantee absolute WAVIER AND RELEASE OF ALL CLAIN Please read this form carefully and be aware treleasing any and all claims for injuries, damage transportation services/vehicle operation, when As a participant in the program, I recognize an death, damages or loss regardless of severity we child/ward or I may have (or accrue to me or in officers, officials, agents, volunteers, independ I further agree to indemnify and hold harmless personnel any treatment deemed necessary for PHOTO POLICY: The Waterloo Leisure Ser Valley SportsPlex activities, classes, or programagazines, brochures, promotional literature, or REFUND POLICY: Refunds are issued in ful prior to the start date will be assessed a \$5 adm charged a \$10 administrative fee. The Waterlo a staff member from the Leisure Services Dept Integrity of the program of the progr	and engage the physicill a risk of serious in participants must un smanlike conduct, precereation activities/p safety. MS AND ASSUMP1 and in signing up and ges or loss which you a provided), d acknowledge that the whole which my minor child and child/ward) as a relent contractors, instrained defend Waterloo my minor child/s/warvices and Cedar Vall ms or may take photowebsites, or for use o il if a class is full or continistration fee. Refur to Leisure Services Dartment. All refunds of facsimile signature	duce risks ical menta jury wher derstand t emises def rograms e FION OF participati or your r here are c /ward or I ssult of pa uctors, ser Leisure urd's imme ey Sports graphs of n cable te ancelled b nds may n epartment will be ma shall sub	and insists that all and emotional an participating in that certain risks eets, inadequate exist. In this reg RISK ing in the identification of the ident	all participan resources of an any recreatic dangers and or defective ard, it must be fied program(and might sustain hysical injury a result of sain resources are program aga oyees. dar Valley Sp agree that I was the partment. Refer team assign that to deny a re e weeks.	each participant. Despite con a cativity/program. Undinjuries due to inclement vequipment, inadequate super erecognized that it is impossible, you will be expressly as a arising out of or as a rest and I voluntarily agree to diparticipation. I further against Waterloo Leisure Servill be responsible for payabotographs of participants on parks. These photograpfunds for personal reasons ments have been made. Request for a refund. If your	careful and proper preparation, instructions that are designed to proper preparation, instructions are derstandably, not all haz-ards and deseather, slip-ping, falling, poor skil bervi-sion, instruction or officiating, possible for Waterloo Leisure Services assuming the risk and legal liability, all to of the activities of this program (assume the full risk of any injuries, gree to waive and relinquish all claivices and Cedar Valley SportsPlex, om any licensed hospital, physician, ment of any and all medical services can of the many and all medical services can of the many licensed hospital, physician, ment of any and all medical services can of the many and all medical services and/or video tapes are for use in must be submitted in writing. Apprefunds approved after the first meet request has been denied, you will	uc-tion, medical angers can be I level or and all other es and the waiving and (including including ms my minor including and/or medical s rendered. ces and Cedar future program coved refunds ing will be be contacted by
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Date