CEDAR VALLEY SPORTSPLEX 2024/2025 YOUTH BASKETBALL PROGRAMS

Sponsored by: Waterloo Optimist Club



300 Jefferson St. Waterloo IA 50701 Phone: (319) 291-0165 www.cvsportsplex.org



Youth Basketball

This program will include basic fundamental instruction through team practices and games. There is a greater emphasis on rules of the game and understand-ing the basic flow of a basketball game. There will be two sessions offered, the first session will begin in end of September and the second session will start in January. 1st & 2nd grade boys and 1st - 3rd grade girls will have 6 meetings, 3 practice and 3 games. 3rd & 4th grade boys will have 8 meeting, 3 practices and 5 games. Practices and games will take place Saturday mornings at the Cedar Valley SportsPlex.

Registration Begins: August 5th, 2024

Site: Cedar Valley SportsPlex

SESSION 1

<u>* 1st/2nd Grade Boys League</u>	* 1st/3rd Grade Girls League	* 3rd/4th Grade Boys League
September 28, 2024 - November 2, 2024 Program will have a total of 6 meetings on Saturday mornings. Program will begin on September 28, 2024 Fee: \$40 (includes team shirt) Member Fee: \$37 Program Times: Saturday 10:00 AM Registration Deadline : September 20, 2024	September 28, 2024 - November 2, 2024 Program will have a total of 6 meetings on Saturday mornings. Program will begin on September 28, 2024 Fee: \$40 (includes team shirt) Member Fee: \$37 Program Times: Saturday 11:00 AM Registration Deadline : September 20, 2024	September 28, 2024 - November 16, 2024 Program will have a total of 8 meetings on Saturday mornings. Program will begin September 28, 2024 Fee: \$45 (includes team shirt) Member Fee: \$42 Program Times: Saturday 8:00 AM Registration Deadline : September 20, 2024

SESSION 2

* 1st/2nd Grade Boys League* 1st/3rd Grade Girls League* 3rd/4th Grade Boys LeagueJanuary 11, 2025 - February 15, 2025January 11, 2025 - February 15, 2025January 11, 2025 - March 1, 2025Program will have a total of 6 meetings on Saturday mornings. Program will begin on January 11, 2025.January 11, 2025.Program will have a total of 6 meetings on Saturday mornings. Program will begin on January 11, 2025.January 11, 2025Fee: \$40 (includes team shirt) Member Fee: \$37 Program Times: Saturday 10:00 AM Registration Deadline: December 20, 2024Fee: \$40 (includes team shirt) Member Fee: \$37 Program Times: Saturday 11:00 AM Registration Deadline: December 20, 2024Fee: \$40 (includes team shirt) Member Fee: \$42 Program Times: Saturday 11:00 AM Registration Deadline: December 20, 2024Fee: \$40 (ancludes team shirt) Member Fee: \$42 Program Times: Saturday 11:00 AM Registration Deadline: December 20, 2024Program Times: Saturday 9:00 AM Registration Deadline: December 20, 2024		<u></u>	
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Youth Basketball: 5th - 6th Grade Boys & 4th - 6th Grade Girls December 2nd - February 7, 2025

This program will include basic fundamental instruction through team practices and league play with a heavy emphasis placed on sportsmanship. Participants will take part in a skills assessment on December 2nd and then be placed on a team for league and tournament play. Carpools may not be accommodated to assure talent level is evenly distributed. This league will conclude with a tournament and a league championship game. Referees and score-keepers will be used for games. Awards for 1st and 2nd place teams in both divisions. Program meets on Monday evenings 6:00-9:00 pm and Saturday mornings between 9:00 am-12:00 pm.

Programs: 4th-6th Grade Girls & 5th-6th Grade Boys Skills Assessment: December 2nd Girls @ 6:00 PM Boys @ 7:00 PM Site: Central Middle School Registration Begins: August 5th, 2024 Registration Deadline: November 15, 2024 Fee: \$50 (includes team uniform) Member Fee: \$45 Program #: Girls: 25029 Boys: 25030

			Email				
Address			City		Zip		
Phone: Home			Cell		Work		
CVSP is committed to inclusion. Does your child require	re any modific	cations to	help him	her be successful?			
Participant's Name (Last, First)	M/F Bir	th Date	Current Grade	Program #	Program Nar	me	Fee
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Method of Payment						FICE USE O	
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Volunteer Opportunity

The City of Waterloo and the Cedar Valley Sportsplex offers a wide variety of youth sports activities. With the number of participants in each sport rising, it becomes difficult to find coaches for each team. In order to do so, it is often necessary to recruit parents of participants or other individuals in the community to coach. Our goal is to have volunteers who have significant experience in playing or coaching a particular sport, but that is not always possible with limited numbers. Volunteers are an instrumental factor in helping our programs and teams run efficiently. If you can help out or know of someone suitable please call Alex Hildman at 319-291-0165 or email at alex.hildman@waterloo-ia.org.

Some of the benefits to the City of Waterloo and the Cedar Valley Sportsplex utilizing volunteer coaches are:

-Saving on staff costs and keep program costs from rising

-Each team benefits in having at least one coach

-More coaches per team allow each player to receive more individual attention and skill development

-More coaches per team helps control and monitor the behavior of the individual players