

# FALL ADULT VOLLEYBALL



**Registration Begins: August 4th, 2025**

**TEAM NAME:** \_\_\_\_\_

**CAPTAIN NAME & PHONE #:** \_\_\_\_\_

**CAPTAIN EMAIL:** \_\_\_\_\_

(Email will be used for league schedules and cancellations)

**FEE:**

\$117.70 Fall Session

\$214.00 Fall & Spring Session

*In order to receive the \$20 discount, teams must register for both sessions in the Fall.*

\* Men's, Women's & Mixed Leagues

Upper B & B Divisions

\* 8 Week Format with Rally Scoring

\* One night a week league play at local school gyms

\* T-shirts for 1st place

Leagues offered are listed below:

When registering, place a number 1 by your first choice, a number 2 by your second choice. Do not put a number by a league in which your team cannot play. Gym locations will be finalized after registration is complete allowing flexibility to accommodate all registered teams. **\*\*Refunds will not be issued if a team is not placed in its first league choice.**

MEN'S (Starts)	WOMEN'S (Starts)	MIXED (Starts)
_____ Men's League Thursdays 9/25/25	_____ Woman's League Wednesday 9/24/25	
		_____ B Tuesday (9/23/25)
		_____ Up B Tuesday (9/23/25)
		_____ B Thursdays (9/25/25)
		_____ Up B Thursdays (9/25/25)

Sign up for text alerts at  
[www.teamsideline.com/waterloo](http://www.teamsideline.com/waterloo).

**Fall Registration Deadline: September 12, 2025**

Registration will take place at the Cedar Valley SportsPlex, 300 Jefferson St.  
Phone: 319-291-0165 [www.cvsportsplex.org](http://www.cvsportsplex.org) or email [Alex.Hildman@waterloo-ia.org](mailto:Alex.Hildman@waterloo-ia.org)



# SPRING ADULT VOLLEYBALL

**TEAM NAME:** \_\_\_\_\_

**CAPTAIN NAME & PHONE #:** \_\_\_\_\_

**CAPTAIN EMAIL:** \_\_\_\_\_

(Email will be used for league schedules and cancellations)

**FEE:**

\$117.70 Spring  
Session

- \* Men's, Women's & Mixed Leagues  
A, Upper B & B Divisions
- \* 8 Week Format with Rally Scoring
- \* One night a week league play at local school gyms
- \* T-shirts for 1st place

Leagues offered are listed below:

When registering, place a number 1 by your first choice, a number 2 by your second choice. Do not put a number by a league in which your team cannot play. Gym locations will be finalized after registration is complete allowing flexibility to accommodate all registered teams. **\*\*Refunds will not be issued if a team is not placed in its first league choice.**

**MEN'S (Starts)**

\_\_\_\_\_ Men's League  
Thursdays 1/08/26

**MEN'S (Starts)**

\_\_\_\_\_ Woman's League  
Wednesday 1/07/26

**MIXED (Starts)**

\_\_\_\_\_ B Tuesday (1/6/26)  
\_\_\_\_\_ Up B Tuesday (1/6/26)  
\_\_\_\_\_ B Thursdays (1/8/26)  
\_\_\_\_\_ Up B Thursday (1/8/26)

Sign up for text alerts at  
[www.teamsideline.com/waterloo](http://www.teamsideline.com/waterloo).

**Spring Registration Deadline: December 19, 2025**

Registration will take place at the Cedar Valley SportsPlex, 300 Jefferson St.  
Phone: 319-291-0165 [www.cvsportsplex.org](http://www.cvsportsplex.org) or email [Alex.Hildman@waterloo-ia.org](mailto:Alex.Hildman@waterloo-ia.org)

# TEAM ROSTER

TEAM NAME: \_\_\_\_\_

CAPTAIN: \_\_\_\_\_ Phone: \_\_\_\_\_

CAPTAIN EMAIL: \_\_\_\_\_

PLAYER NAME

PHONE #

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

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4. \_\_\_\_\_

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5. \_\_\_\_\_

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6. \_\_\_\_\_

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7. \_\_\_\_\_

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8. \_\_\_\_\_

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9. \_\_\_\_\_

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10. \_\_\_\_\_

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11. \_\_\_\_\_

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12. \_\_\_\_\_

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